

Epiphanies of the Ordinary

Session 1

January 6, 2025

Opening Prayer:

Let us pray: Loving and Eternal God, you are present to us at all time in all places. You reveal yourself in expected places and times, as well as those unexpected places and times. Grant us open eyes, ears, and hearts to seek you and find you in our everyday experiences. By finding you, we can come to know you better. We ask this through Jesus Christ, our Lord. Amen.

I. These sessions are meant to be interactive and introspective. The guides are meant to prompt questions and discussion. We take this opportunity to discern how epiphanies are part and parcel of everyday life.

II. **Reflection:**

- a. What does the word “Epiphany” mean to you?
- b. Have you ever had an epiphany? If so, explain?
- c. Was it important? If so, why? If not, why not?
- d. What did you learn?
- e. How did you find God in that?

III. **Reflection:**

- a. Can humans multi-task?
- b. Do you ‘multi-task’?
- c. How do you feel when you are multi-tasking?
- d. How does society view idleness?
- e. How does ‘multi-tasking’ impact your well-being?

IV. **Reflection:**

- a. From your perspective, what is the best environment to have epiphanies?
- b. Does your frame-of-mind matter?
- c. What changes in your life could help improve your awareness of epiphanies?

Closing Prayer:

Let us pray: God of love, God of presence, we give thanks for your unceasing revelation of your goodness and greatness. Grant us the will to seek you in everything we see or do, and the wisdom to discover you in the ordinary as well as the profound. We give glory to You through Your Son, our Savior, Jesus Christ. Amen.

Note: The information above is taken, whether in part or in whole, from *Epiphanies of the Ordinary: Encounters that Change Lives* by Charlie Cleverly.